

|| Shri Ganeshay Namah ||



Shri Kailash Mansarovar Tirth Yatra

Overland tour via Kiyrong (2026)

*"As the dew is dried up by the morning sun,
so are the sins of human beings by the sight of
Shri Mt. Kailash and Lake Manasarovar" -*

- Skanda Purana

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WELCOME TO VASUKI TRAILS

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At Vasuki Trails, we curate spiritual journeys with sincerity, discipline, and reverence. Our pilgrimages are not merely tours, but guided spiritual experiences designed to nurture inner transformation.

A journey to Shri Kailash Mansarovar is far more than a physical expedition—it is a sacred odyssey of faith, awareness, and self-discovery. With experienced guides, learned sadhus, and medically trained leaders accompanying you, every ritual, step, and moment is conducted with spiritual integrity and thoughtful guidance. Join us on a path where the ancient wisdom of the Himalayas awakens the soul and leaves a lasting imprint on the heart.

SHRI KAILASH MANSAROVAR TIRTH YATRA—AN OVERVIEW

- *The Shri Kailash Mansarovar Tirth Yatra is one of the most revered pilgrimages across **Hinduism, Buddhism, Jainism, and Sikhism.***
- **Scriptural Significance:** *Ancient texts such as the Skanda Purana, Shiva Purana, Ramayana, Vedas, and Upanishads describe Shri Mount Kailash and Lake Mansarovar as supreme centers of spiritual enlightenment.*
- **Mythological Importance:** *Shri Mount Kailash is believed to be the divine abode of Lord Shiva and Goddess Parvati. It represents Mount Meru, the cosmic axis connecting heaven and earth. Lake Mansarovar is associated with Lord Brahma and is regarded as one of the holiest water bodies in the world.*

SPIRITUAL BENEFITS OF THE YATRA

According to Hindu scriptures, completing the Shri Kailash Mansarovar Tirth Yatra is believed to be spiritually equivalent to visiting 51 Shakti Peethas and 12 Jyotirlingas. Pilgrims believe that: Kailash Parikrama promotes spiritual growth, self-realization, and liberation (Moksha), Bathing in Lake Mansarovar purifies the soul and dissolves

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past karmas. The journey brings devotees closer to Lord Shiva, granting inner peace, wisdom, and spiritual awakening. The Yatra fulfills sincere aspirations and inspires lifelong transformation..

KEYSACRED SITES:

Yam Dwar – The Gateway of Transformation

Yam Dwar marks the spiritual entrance to the Shri Kailash Parikrama and is symbolically associated with Yamraj, the deity of karma and liberation. Pilgrims offer prayers here for departed souls and seek freedom from worldly attachments. Crossing Yam Dwar is believed to prepare the pilgrim for deeper spiritual surrender and inner awakening.

Gauri Kund – The Lake of Divine Compassion Located near Dolma La Pass (5,608 m),

Gauri Kund is associated with Goddess Parvati and the divine origin of Lord Ganesha. Revered in both Hindu and Tibetan Buddhist traditions, its waters symbolize purity, compassion, and grace. Pilgrims meditate, pray, and collect sacred water as prasadam.

THE SACRED LANDSCAPE OF SHRI MOUNT KAILASH & MANSAROVAR

- *Untouched by human ascent, Shri Mount Kailash stands as a timeless spiritual nucleus. The circumambulation of this sacred peak is believed to cleanse the soul and elevate consciousness.*
- *The Skanda Purana describes Kailash–Mansarovar as the axis mundi, where physical and spiritual realms converge. Lake Mansarovar is believed to be the source of four great rivers—Indus, Sutlej, Brahmaputra, and Karnali—symbolizing the flow of life and liberation.*
- *Pilgrims return transformed—carrying serenity, clarity, and the eternal blessings of Shri Kailash Parvat.*

THE PHILOSOPHY OF TIRTH YATRA

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In the Sanatani tradition, pilgrimage (Tirth Yatra) is not merely travel, but a sacred discipline—an outward journey for inward transformation. Known as Yat-Sattra, it represents continuous self-offering and spiritual refinement. The Shri Kailash Mansarovar Yatra is a living continuation of this ancient Vedic wisdom.

VASUKI TRAILS – OUR DISTINCTIVE APPROACH

- ***Holistic Preparation:*** Guided Yoga & Pranayama for high-altitude acclimatization
- ***Spiritual Immersion:*** Daily pujas, havans, bhajans, and kirtans
- ***Expert Guidance:*** Medically trained senior leaders, Experienced spiritual guides and support staff
- ***Personalized Care:*** Dedicated assistance for senior citizens and special needs yatris
- ***Comfort & Nourishment:*** Nutritious pure vegetarian meals (North Indian, Gujarati, South Indian & Continental)
- ***Recognition:*** Yatra completion certificates and special tokens of appreciation

TRIP HIGHLIGHTS (SUMMARY)

Shri Kailash Darshan & Parikrama

Sacred Lake Mansarovar Parikrama & Snan

Pashupatinath Temple & Rudrabhishek Puja

Guheshwari Shaktipeeth, Jal Narayan

Tirthapuri, Nandi Parvat & Asthapada (At additional cost & subject to permissions)

Comfortable road travel up to Kailash Base Camp

ABOUT THE ITINERARY

The journey is carefully structured with gradual acclimatization, sacred rituals, and adequate rest, ensuring safety, spiritual focus, and comfort throughout the pilgrimage.

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SHRI KAILASH MANSAROVAR YATRA

Senior-Citizen Friendly Day-wise Highlights (Designed with gradual altitude gain, adequate rest, medical support, and optional assistance)

- **Day 1 | Arrival – Kathmandu (1,300 m)**

*Arrival at Kathmandu International Airport
Assisted transfer to a 4-star hotel
Gentle rest and orientation session
Overnight stay for recovery and relaxation*

- **Day 2 | Kathmandu – Easy Spiritual Sightseeing**

*Comfortable visits to Pashupatinath Temple (Rudrabhishek Puja)
Guheshwari Shaktipeeth, Budhanilkantha (Jal Narayan)
Health checks, yatra briefing & visa processing*

- **Day 3 | Kathmandu to Timure by Bus | (140 kms ,8-9hrs)**

*Leisurely scenic drive through Nepal
Frequent rest breaks
Over Night at Hotel in Timure*

- **Day 4 | Drive to Kerung | (3750m, 32kms, 1 ½ hrs)**

*Early morning cross over to China border
Slow-paced drive across the Tibetan Plateau
Regular hydration reminders and medical supervision
Overnight stay in a good hotel in Kerung*

- **Day 5 | Drive to Saga | (4600m/180 Kms, 6-7 Hrs)**

*Full rest day for altitude adjustment
Optional short walks for better acclimatization
Medical monitoring and guidance
Overnight stay in Saga*

- **Day 6 | Saga – Complete Rest & Acclimatization**

*Full rest day for altitude adjustment
Optional short walks for better acclimatization*

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*Medical monitoring and guidance
Overnight stay in Saga*

● **Day 7 | Drive to Lake Mansarovar**

*Comfortable drive by tourist coach
First darshan of Shri Mount Kailash & Holy Lake Mansarovar
Parikrama of the Lake by vehicle
Overnight near Mansarovar (simple guesthouse experience)*

● **Day 8 | Drive Mansarovar to Darchen**

*Morning Havan & Puja (participation as per comfort)
Holy water rituals without compulsion to bathe
Drive to Darchen (Kailash base camp)
Overnight stay in Darchen hotel with attached bathroom*

● **Day 9 | Drive to Yam Dwar | Shri Mount Kailash Parikrama – Day 1 (Deraphuk)**

*Drive to Yam Dwar (Parikrama entry point)
Option to walk or take horse ride
Trek distance approx 15km
Overnight stay at Deraphuk (basic guesthouse)
Medical and staff support throughout*

● **Day 10 | Trek to Zhuthulpuk. (4760m/18 Kms, 10-12 Hrs) | Parikrama – Day 2**

*Most challenging day (optional participation)
Senior Yatris may: Take horse assistance
 Skip Parikrama with vehicle support (if advised medically)
Darshan of Gauri Kund
Overnight stay at Zuthulphuk*

● **Day 11 | Parikrama Completion – Return to Saga**

*Short final trek or assisted transfer
Drive back to Saga via Darchen
Comfortable hotel stay for recovery*

● **Day 12 | Drive to Kerung**

*Drive to Nepal border with full assistance
Spend the night at the boarder*

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- **Day 13 | Cross over to Nepal side. Continue your journey to Kathmandu**

*Comfortable stay at Hotel Royal Singi (4 Star) Or Similar
Look back at the journey
Yatra Completion Celebration
Preparation for departure*

- **Day 14 | Departure – Yatra Concludes**

*Assisted airport transfer
Departure with blessings and fulfilment
Final journey back home.*

The Cost of Pilgrimages

1. Shri Kailash Mandala Yatra

A. Drive-in and Drive-out via Nepal–China Border

USD 1690 per person + INR 87,900 + 5% GST + 20% TCS (X-Kathmandu price)

Cost Includes:

The following services are included in the Shri Kailash Mandala Yatra package:

- *Arrival / Departure Transfers by AC Coach.*
- *3 nights twin sharing stay at hotel Royal Singi or similar with full board meals.*
- *Sightseeing tours with monumental entrance fees.*
- *Kathmandu / Timure / Kathmandu by Bus.*
- *Luxury Bus on Tibet Side.*
- *One Support Truck.*
- *Best available accommodation at Kerung, Saga, Lake Manasarovar, Darchen, Dirapuk and Zhuthulpuk during Kailash Sojourn.*
- *Full Board Vegetarian Meals.*

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- *Complimentary 3 Bottle Mineral Water per day during Kailash Yatra.*
- *English Speaking Tibetan Guide.*
- *One Team Leader & Experienced Support Staff.*
- *All Permits.*
- *Tibet / China Visa Fee for Indian Nationals.*
- *Complimentary Duffel Bag.*
- *Complimentary Shoulder Bag.*
- *Dawn Jacket on returnable basis.*
- *First aid-kit, Medical Oxygen, Pulse oximeter and Gamow bag.*

Cost Does Not Include:

The following are not included in the Shri Kailash-Mansarovar Tirth Yatra package:

- *International Flight Fares: To and from Nepal, as well as Nepal Visa.*
- *Extra Night's Hotel in Kathmandu: In case the trip is shortened or canceled due to unforeseen circumstances or if your arrival/departure differs from the itinerary.*
- *Medical / Evacuation, Travel Cancellation and Rescue Insurance: These are not included and are highly recommended for safety and security.*
- *Personal Expenses: Such as bar bills, bottled drinks, mineral water, telephone bills, laundry service, and other incidental costs.*
- *Personal Clothes and Equipment: Including items such as personal trekking gear.*
- *Optional Rides and Porters: Horse rental for personal rides during Kora (Parikrama) – approx. 3000 YUAN. Porter for carrying personal bags during Parikrama – approx. 1500 YUAN.*
- *Any Other Costs: Not explicitly mentioned above in the Cost Includes section.*

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Packing List:

- *One large duffle bag (30 to 35 liters) for your entire stuff (Our Company provides you with this bag)*
- *Small bag pack for 3 days trekking / Kora around Mount Kailash (Our Company provides you with this bag)*
- *Sufficient warm clothing including one warm down jacket. (Our Company provides you with down jacket)*
- *Essential medicines (for minor injuries / life - saving kits) Any regular medicines that you have been prescribed.*
- *Toiletries kit (Soap, Shampoo, Toothpaste, toothbrush)*
- *Water bottle / Thermos flask for hot water (2 liters bottles)*
- *Hiking shoes good for walking 3 days of Kora / trekking*
- *Woolen gloves, Woolen socks (minimum 4 pairs), hand glove Wool / Thermo cot undergarments, wind and water proof jacket (Our Company provides you with poncho)*
- *Shirt, long shirt and pants which is easier to be while doing trekking Sunglasses, Sun lotion / cold cream, Lip baam, Torch light Walking stick and Sandal for use evening & morning Sweets, Zinger / garlic candies or dry fruits, lozenges, etc...*

Booking Policy:

- *Required documents are to be submitted on time. Clients must agree and abide by the Company Policy. Insurance is recommended – not compulsory.*
- *Clients must carry Proof of ID while traveling. The itinerary can be changed without notice due to unavoidable circumstances beyond our control, such as natural calamities, political unrest, itinerary changes by Chinese Authorities and so on.*

Cancelation Terms:

- *Vasuki Trails requires a written application over an email for cancellations, the following policy shall apply thereafter:*

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- *If canceled 30 Days prior to departure date from client's side, all previously paid amount(s) will be forfeited.*
- *If canceled 31 – 90 Days prior to departure date, 75% of the deposit will be refunded except for the non – refundable deposit.*
- *If canceled more than 90 days prior to departure date, all previously paid amount(s) will be refunded.*

Journey Features

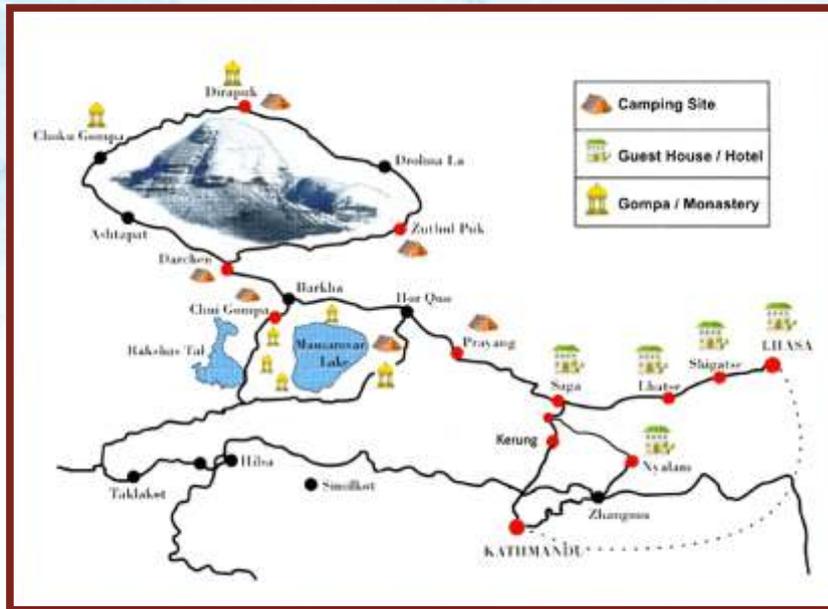
<i>Total Duration</i>	<i>13 Nights / 14 Days</i>
<i>Maximum Elevation</i>	<i>5,650m (18,532 ft)</i>
<i>Tour Difficulty</i>	<i>Moderate to Strenuous</i>
<i>Best Season</i>	<i>May to September</i>
<i>Tour Starting & Ending Point</i>	<i>Kathmandu</i>
<i>Permissible age limit</i>	<i>10 years - 70 years</i>
<i>Accommodation</i>	<i>Four Star Hotels in Kathmandu & Good fitouts in Kyirong & basic guest houses in the rest of the parts of Tibet.</i>
<i>Documents required</i>	<i>Voter ID, Passport with minimum 6 months validity, Aadhar Card, Pan Card, Passport Size Photo</i>

2026 Dates for Shri Kailash Mansarovar Tirth Yatra

Sr. No.	BATCH	TRIP STARTS Arrival In Kathmandu	TRIP ENDS Departure From Ktm
1.	April	April 25*, 2026	May 08, 2026
2.	May	May 12, 2026	May 25, 2026
3.	May	May 21, 2026	June 03, 2026
4.	May	May 29, 2026	June 11, 2026
5.	June	June 07, 2026	June 20, 2026
6.	June	June 15, 2026	June 28, 2026
7.	June	June 23*, 2026	July 06, 2026
8.	July	July 03, 2026	July 16, 2026
9.	July	July 12, 2026	July 25, 2026
10.	July	July 23*, 2026	August 05, 2026
11.	August	August 01, 2026	August 14, 2026
12.	August	August 13, 2026	August 26, 2026
13.	August	August 22*, 2026	September 04, 2026
14.	September	September 03, 2026	September 16, 2026
15.	September	September 12, 2026	September 25, 2026
16.	September	September 20*, 2026	October 03, 2026

* Denotes full moon departure

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