

|| Shri Ganeshay Namah ||



# *Shri Kailash Mandala Tirth Yatra*

*Overland tour via Kiyrong (2026)*

*"As the dew is dried up by the morning sun,  
so are the sins of human beings by the sight of  
Shri Mt. Kailash and Lake Manasarovar" -*

*- Skanda Purana*

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## **WELCOME TO VASUKI TRAILS**

*Kalpna se Kailash tak...*

*At Vasuki Trails, we curate spiritual journeys with sincerity, discipline, and reverence. Our pilgrimages are not merely tours, but guided spiritual experiences designed to nurture inner transformation.*

*A journey to Shri Kailash Mansarovar is far more than a physical expedition—it is a sacred odyssey of faith, awareness, and self-discovery. With experienced guides, learned sadhus, and medically trained leaders accompanying you, every ritual, step, and moment is conducted with spiritual integrity and thoughtful guidance. Join us on a path where the ancient wisdom of the Himalayas awakens the soul and leaves a lasting imprint on the heart.*

## **SHRI KAILASH MANSAROVAR TIRTH YATRA—AN OVERVIEW**

- *The Shri Kailash Mansarovar Tirth Yatra is one of the most revered pilgrimages across **Hinduism, Buddhism, Jainism, and Sikhism.***
- **Scriptural Significance:** *Ancient texts such as the Skanda Purana, Shiva Purana, Ramayana, Vedas, and Upanishads describe Shri Mount Kailash and Lake Mansarovar as supreme centers of spiritual enlightenment.*
- **Mythological Importance:** *Shri Mount Kailash is believed to be the divine abode of Lord Shiva and Goddess Parvati. It represents Mount Meru, the cosmic axis connecting heaven and earth. Lake Mansarovar is associated with Lord Brahma and is regarded as one of the holiest water bodies in the world.*

## **SPIRITUAL BENEFITS OF THE YATRA**

*According to Hindu scriptures, completing the Shri Kailash Mansarovar Tirth Yatra is believed to be spiritually equivalent to visiting 51 Shakti Peethas and 12 Jyotirlingas. Pilgrims believe that: Kailash Parikrama promotes spiritual growth, self-realization, and liberation (Moksha), Bathing in Lake Mansarovar purifies the soul and dissolves*

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*past karmas. The journey brings devotees closer to Lord Shiva, granting inner peace, wisdom, and spiritual awakening. The Yatra fulfills sincere aspirations and inspires lifelong transformation..*

### **KEYSACRED SITES:**

#### ***Yam Dwar – The Gateway of Transformation***

*Yam Dwar marks the spiritual entrance to the Shri Kailash Parikrama and is symbolically associated with Yamraj, the deity of karma and liberation. Pilgrims offer prayers here for departed souls and seek freedom from worldly attachments. Crossing Yam Dwar is believed to prepare the pilgrim for deeper spiritual surrender and inner awakening.*

#### ***Gauri Kund – The Lake of Divine Compassion Located near Dolma La Pass (5,608 m),***

*Gauri Kund is associated with Goddess Parvati and the divine origin of Lord Ganesha. Revered in both Hindu and Tibetan Buddhist traditions, its waters symbolize purity, compassion, and grace. Pilgrims meditate, pray, and collect sacred water as prasadam.*

### **THE SACRED LANDSCAPE OF SHRI MOUNT KAILASH & MANSAROVAR**

- *Untouched by human ascent, Shri Mount Kailash stands as a timeless spiritual nucleus. The circumambulation of this sacred peak is believed to cleanse the soul and elevate consciousness.*
- *The Skanda Purana describes Kailash–Mansarovar as the axis mundi, where physical and spiritual realms converge. Lake Mansarovar is believed to be the source of four great rivers—Indus, Sutlej, Brahmaputra, and Karnali—symbolizing the flow of life and liberation.*
- *Pilgrims return transformed—carrying serenity, clarity, and the eternal blessings of Shri Kailash Parvat.*

### **THE PHILOSOPHY OF TIRTH YATRA**

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*In the Sanatani tradition, pilgrimage (Tirth Yatra) is not merely travel, but a sacred discipline—an outward journey for inward transformation. Known as Yat-Sattra, it represents continuous self-offering and spiritual refinement. The Shri Kailash Mansarovar Yatra is a living continuation of this ancient Vedic wisdom.*

### ***VASUKI TRAILS – OUR DISTINCTIVE APPROACH***

- ***Holistic Preparation:*** Guided Yoga & Pranayama for high-altitude acclimatization
- ***Spiritual Immersion:*** Daily pujas, havans, bhajans, and kirtans
- ***Expert Guidance:*** Medically trained senior leaders, Experienced spiritual guides and support staff
- ***Personalized Care:*** Dedicated assistance for senior citizens and special needs yatris
- ***Comfort & Nourishment:*** Nutritious pure vegetarian meals (North Indian, Gujarati, South Indian & Continental)
- ***Recognition:*** Yatra completion certificates and special tokens of appreciation

### ***TRIP HIGHLIGHTS (SUMMARY)***

*Shri Kailash Darshan & Parikrama*

*Sacred Lake Mansarovar Parikrama & Snan*

*Pashupatinath Temple & Rudrabhishek Puja*

*Guheshwari Shaktipeeth, Jal Narayan & Doleshwar Mahadev*

*Tirthapuri, Nandi Parvat & Asthapada (subject to permissions)*

*Comfortable road travel up to Kailash Base Camp*

*Scenic Nepal–Tibet journey via Kyirong (optional helicopter return)*

### ***ABOUT THE ITINERARY***

*The journey is carefully structured with gradual acclimatization, sacred rituals, and*

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*adequate rest, ensuring safety, spiritual focus, and comfort throughout the pilgrimage.*

## **SHRI KAILASH MANSAROVAR YATRA**

*Senior-Citizen Friendly Day-wise Highlights (Designed with gradual altitude gain, adequate rest, medical support, and optional assistance)*

### ● **Day 1 | Arrival – Kathmandu (1,300 m)**

*Arrival at Kathmandu International Airport  
Assisted transfer to a 5-star hotel  
Gentle rest and orientation session  
Overnight stay for recovery and relaxation*

### ● **Day 2–3 | Kathmandu – Easy Spiritual Sightseeing**

*Comfortable visits to Pashupatinath Temple (Rudrabhishek Puja)  
Guheshwari Shaktipeeth, Budhanilkantha (Jal Narayan)  
Visit to Doleshwar Mahadev (Head of Kedarnath)  
Kumari Darshan & heritage sightseeing (no walking stress)  
Health checks, yatra briefing & visa processing  
Optional helicopter visit to Muktinath (no trekking, at additional cost)*

### ● **Day 4 | Kathmandu – Border Region**

*Leisurely scenic drive through Nepal  
Frequent rest breaks  
Overnight stay at a comfortable resort*

### ● **Day 5 | Enter Tibet – Kyirong (2,800 m)**

*Assisted border formalities with full team support  
Gradual altitude gain for better acclimatization  
Light walking and rest in Kyirong Valley  
Overnight stay in hotel with attached bathroom*

### ● **Day 6 | Kyirong – Saga (4,500 m)**

*Slow-paced drive across the Tibetan Plateau  
Regular hydration reminders and medical supervision  
Overnight stay in a good hotel in Saga*

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● **Day 7 | Saga – Complete Rest & Acclimatization**

*Full rest day for altitude adjustment  
Optional short walks for better acclimatization  
Medical monitoring and guidance  
Overnight stay in Saga*

● **Day 8 | Saga – Holy Lake Mansarovar (4,588 m)**

*Comfortable drive by tourist coach  
First darshan of Shri Mount Kailash & Holy Lake Mansarovar by vehicle  
Overnight near Mansarovar (simple guesthouse experience)*

● **Day 9 | Mansarovar – Tirthapuri – Darchen**

*Morning Havan & Puja (participation as per comfort)  
Holy water rituals without compulsion to bathe  
Visit Tirthapuri hot springs  
Drive to Darchen (Kailash base camp)  
Overnight stay in hotel with attached bathroom*

● **Day 10 | Darchen – Sacred Viewpoints**

*Drive-only visits to: Nandi Parvat  
Asthapada  
Gyangdrak Monastery  
Close darshan of Shri Mount Kailash without trekking  
Overnight stay in Darchen*

● **Day 11 | Shri Mount Kailash Parikrama – Day 1 (Deraphuk)**

*Drive to Yam Dwar (Parikrama entry point)  
Option to walk or take horse ride  
Trek distance approx 15km  
Overnight stay at Deraphuk (basic guesthouse)  
Medical and staff support throughout*

● **Day 12 | Dolma La Pass – Zuthulphuk**

*Most challenging day (optional participation)  
Senior Yatris may:       Take horse assistance  
                                      Skip Parikrama with vehicle support (if advised medically)  
Darshan of Gauri Kund*

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*Overnight stay at Zuthulphuk*

● **Day 13 | Parikrama Completion – Return to Saga**

*Short final trek or assisted transfer  
Drive back to Saga via Darchen  
Comfortable hotel stay for recovery*

● **Day 14 | Return to Kathmandu**

*Drive to Nepal border with full assistance  
Optional helicopter flight to Kathmandu (weather permitting + additional cost)  
Otherwise comfortable overland return  
Overnight stay at 5-star hotel*

● **Day 15 | Kathmandu – Rest / Buffer Day**

*Reserved for rest or delays  
Optional light sightseeing  
Preparation for departure*

● **Day 16 | Departure – Yatra Concludes**

*Assisted airport transfer  
Departure with blessings and fulfilment.*

**The Cost of Pilgrimages**

**1. Shri Kailash Mandala Yatra**

*A. Drive-in and Drive-out via Nepal–China Border*

**USD 3,852 per person**

*B. Drive-in and Helicopter-out via Nepal–China Border*

**USD 4,399 per person**

*(A minimum of 5 persons is required for each helicopter shuttle.)*

*C. Tipping and Gratitude*

**Please allow USD 350 per person**

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### **Cost Includes:**

*The following services are included in the Shri Kailash Mandala Yatra package:*

- *All Ground Transport: Including airport pickup and transfer in Nepal and Tibet.*
- *Five Star Hotel Accommodations: In Kathmandu as per the itinerary.*
- *Guided Sightseeing: In Kathmandu, covering significant attractions as per the itinerary.*
- *Tibet Travel Permit and Visa: Necessary permits and visas for travel to Tibet.*
- *Hotel Accommodation: best available hotel (Guesthouse in Tibet As outlined in the itinerary.*
- *Pure Vegetarian Meals: Daily breakfast, lunch, and dinner served as per the itinerary.*
- *Travel by Tourist Coach in Tibet: With a supporting truck and emergency jeep for safety and comfort.*
- *Knowledgeable Guide and Supporting Staff: Experienced team to assist and guide you throughout the journey.*
- *Camping Equipment: Includes tents, mattresses, sleeping bags, down jackets, rain ponchos, bag tags, water bottle holder and all necessary kitchen equipment for the journey.*
- *High Altitude Medical Emergency Equipment: Such as Gamow bags, oxygen cylinders, and other essential medical tools to ensure safety at high altitudes.*
- *Flights and Helicopter Services(optional): Helicopter flight from the Nepal-Tibet border to Kathmandu (weather permits otherwise drive will be by Jeep)*

### **Cost Does Not Include:**

*The following are not included in the Shri Kailash-Mansarovar Tirth Yatra package:*

- *International Flight Fares: To and from Nepal, as well as Nepal Visa.*
- *Extra Night's Hotel in Kathmandu: In case the trip is shortened or canceled due to unforeseen circumstances or if your arrival/departure differs from the itinerary.*
- *Medical / Evacuation, Travel Cancellation, and Rescue Insurance: These are not*

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*included and are highly recommended for safety and security.*

- *Personal Expenses: Such as bar bills, bottled drinks, mineral water, telephone bills, laundry service, and other incidental costs.*
- *Personal Clothes and Equipment: Including items such as personal trekking gear.*
- *Gratitude to the Staff (Tips): Please allow up to USD 350 for tips to the supporting team and guides.*
- *Optional Rides and Porters: Horse rental for personal rides during Kora (Parikrama) – approx. USD 900. Porter for carrying personal bags during Parikrama – approx. USD 300.*
- *Any Other Costs: Not explicitly mentioned above in the Cost Includes section.*

### **Packing List:**

- *One large duffle bag (30 to 35 liters) for your entire stuff (Our Company provides you with this bag)*
- *Small bag pack for 3 days trekking / Kora around Mount Kailash (Our Company provides you with this bag)*
- *Sufficient warm clothing including one warm down jacket. (Our Company provides you with down jacket)*
- *Essential medicines (for minor injuries / life - saving kits) Any regular medicines that you have been prescribed.*
- *Toiletries kit (Soap, Shampoo, Toothpaste, toothbrush)*
- *Water bottle / Thermos flask for hot water (2 liters bottles)*
- *Hiking shoes good for walking 3 days of Kora / trekking*
- *Woolen gloves, Woolen socks (minimum 4 pairs), hand glove Wool / Thermo cot undergarments, wind and water proof jacket (Our Company provides you with poncho)*
- *Shirt, long shirt and pants which is easier to be while doing trekking Sunglasses, Sun lotion / cold cream, Lip baam, Torch light Walking stick and Sandal for use evening & morning Sweets, Zinger / garlic candies or dry fruits, lozenges, etc...*

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### **Booking Policy:**

- *Required documents are to be submitted on time. Clients must agree and abide by the Company Policy. Insurance is recommended – not compulsory.*
- *Clients must carry Proof of ID while traveling. The itinerary can be changed without notice due to unavoidable circumstances beyond our control, such as natural calamities, political unrest, itinerary changes by Chinese Authorities and so on.*

### **Cancelation Terms:**

- *Vasuki Trails requires a written application over an email for cancellations, the following policy shall apply thereafter:*
- *If canceled 30 Days prior to departure date from client's side, all previously paid amount(s) will be forfeited.*
- *If canceled 31 – 90 Days prior to departure date, 75% of the deposit will be refunded except for the non – refundable deposit.*
- *If canceled more than 90 days prior to departure date, all previously paid amount(s) will be refunded.*

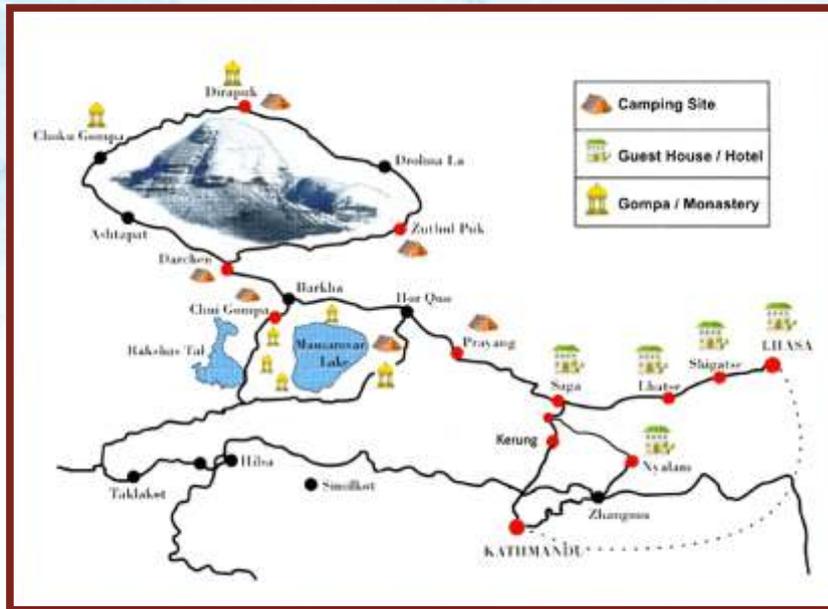
## ***Journey Features***

|   |  |
|---|--|
| <i>Total Duration</i>                   | <i>15 Nights / 16 Days</i>   |
| <i>Maximum Elevation</i>                | <i>5,650m (18,532 ft)</i>  |
| <i>Tour Difficulty</i>                  | <i>Moderate to Strenuous</i>   |
| <i>Best Season</i>                      | <i>May to September</i>  |
| <i>Tour Starting &amp; Ending Point</i> | <i>Kathmandu</i>   |
| <i>Permissible age limit</i>            | <i>10 years - 70 years</i>   |
| <i>Accommodation</i>                    | <i>Five Star Hotels in Kathmandu &amp; Good fitouts in Kyirong &amp; basic guest houses in the rest of the parts of Tibet.</i> |
| <i>Documents required</i>               | <i>Voter ID, Passport with minimum 6 months validity, Aadhar Card, Pan Card, Passport Size Photo</i>                           |

## ***2026 Dates for Shri Kailash Mandala Tirth Yatra***

| <b>Batch Number</b> | <b>Arrival in Kathmandu</b> | <b>Departure Home from Kathmandu</b> | <b>Total Duration</b> |
|---------------------|-----------------------------|--------------------------------------|-----------------------|
| 1st Batch           | 10th May, 2026              | 25th May, 2026                       | 16 days               |
| 2nd Batch           | 31st May, 2026              | 15th June, 2026                      | 16 days               |
| 3rd Batch           | 21st June, 2026             | 6th July, 2026                       | 16 days               |
| 4th Batch           | 12th July, 2026             | 27th July, 2026                      | 16 days               |
| 5th Batch           | 2nd Aug, 2026               | 17th Aug, 2026                       | 16 days               |
| 6th Batch           | 23rd Aug, 2026              | 7th Sep, 2026                        | 16 days               |
| 7th Batch           | 13th Sep, 2026              | 28th Sep, 2026                       | 16 days               |

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